



<http://www.historyofspaghetti.com/>

**Jan**  
**4**

National  
Spaghetti Day

### **Children**

#### **Take & Make:**

Spaghetti & Marshmallow Challenge. Send home bags of materials chosen for the challenge. You can have them respond with photos or hold a zoom to show off their creations. [Tinkerlab Spaghetti Challenge](#). [Kesler Science Challenge](#).

Paper Plate Spaghetti Craft. Send directions and as many of the materials as possible in a bag.

Clay & Spaghetti Hedgehog. [Positively Splendid by Amy Bell Instructions](#).

#### **Read:**

dePaola, Tomie, (1979), ***Strega Nona***, Simon & Schuster Books for Young Readers, Reprint Edition 1979, 978-0671666064 *The classic book about the power of pasta by a NH Author.*

Frank, Dorothea Benton & Frank, Victoria Benton, (2020), ***Teddy Spaghetti***, Harper Collins, 978-0062915429 *About loving spaghetti and overcoming fear and bullies.*

Gelman, Rita Gelman, (1993), ***More Spaghetti, I Say!*** (Scholastic Reader Level 2), Cartwheel, Illustrated Edition, 978-0590457835 *Predictable rhyming text.*

Guillain, Adam, (2014), ***Spaghetti with the Yeti***.

Mason, Carol Ann, (2012), *Henry Hedgehog Makes Spaghetti*, CreateSpace Independent Publishing Platform, 978-1479156955

**Watch:** [Reading is Fundamental Read-Aloud: More Spaghetti, I Say!](#)

**Song/Game:**

### ***Spaghetti, Spaghetti***

Tune: "On Top of Old Smokey"

Spaghetti, spaghetti, you're wonderful stuff  
I love you spaghetti, I can't get enough  
You're covered with sauce and you're sprinkled with cheese  
Spaghetti, spaghetti, oh, give me some please.  
Spaghetti, spaghetti, piled high in a mound  
You wiggle, you wriggle, you squiggle around  
There's slurpy spaghetti all over my plate  
Spaghetti, spaghetti, I think you are great!

### ***Aiken Drum***

Source: [LyricFind](#)

Songwriters: Kenneth David Whiteley / Raffi Cavoukian

Aikendrum lyrics © The Bicycle Music Company

### **[Raffi Youtube Song](#)**

There was a man lived in the moon, in the moon, in the moon  
There was a man lived in the moon and his name was Aikendrum  
And he played upon a ladle, a ladle, a ladle  
He played upon a ladle and his name was Aikendrum  
And his hair was made of spaghetti spaghetti spaghetti  
His hair was made of spaghetti and his name was Aikendrum  
And his eyes were made of meatballs meatballs meatballs  
His eyes were made of meatballs and his name was Aikendrum

And he played upon a ladle, a ladle, a ladle  
He played upon a ladle and his name was Aikendrum  
And his nose was made of cheese cheese cheese  
His nose was made of cheese and his name was Aikendrum  
And his mouth was made of pizza pizza pizza  
His mouth was made of pizza and his name was Aikendrum  
And he played upon a ladle, a ladle, a ladle  
He played upon a ladle and his name was Aikendrum  
There was a man lived in the moon, in the moon, in the moon  
There was a man lived in the moon and his name was Aikendrum

**Activity:**

*Paper Plate Craft* from [gluedtomycraftsblog.com](http://gluedtomycraftsblog.com)

Materials: Large Paper plate {one per craft}, red tissue paper, glue, kid scissors, brown craft paper, yellow yarn \*optional circle punch.

Directions:

1. Make the sauce for your spaghetti. Cut some small squares from the red tissue paper.
2. Put glue all over the paper plate.
3. Have your child place the red tissue paper squares on the paper plate until it is covered.
4. Put some glue on top of the red tissue paper. Lay some strings of yellow yarn on top looking like noodles.
5. To finish: cut out or use a paper punch to make circles out of the brown paper.
6. Glue the brown circles on top of it all to look like the meatballs.
7. Dry and display!

### **Teen/Adult**

Food programs still have huge appeal even if we have to meet virtually.

#### **Take & Make:**

Spaghetti & Marshmallow Challenge tweens/teens: Distribute bags of materials and meet virtually for a timed “build a tower as high as you can” challenge.

[Virtual Idea Lab](#).

Make your own pasta. [Four ingredient homemade pasta instructions from Gimme Some Oven](#). Gather virtually to show off your pasta and exchange tips.

#### **Program Ideas:**

Host a virtual make your own pasta class with a local chef or pasta making pro.

Make your own [DIY Yeti in my Spaghetti Game](#)