



Children

Take & Make:

Sorting Bags: Supply items with a variety of colors, sizes, & shapes

Opposite Mask: Make paper plate mask opposites-happy/sad....

Short-Long Dog: Provide paper and instructions to make a [short-long dog](#).

Read:

Boynton, Sandra (1982), **Opposites**, Little Simon, 978-0671449032

Carle, Eric (2007), **Eric Carle's Opposites**, Grosset & Dunlap, 978-0448445656

Hills, Tad (2008), **What's Up Duck?: A Book of Opposites (Duck and Goose)**, Schwartz and Wade, 978-0375847387

Hood, Susan (2017), **Double Take! A New Look at Opposites**, Candlewick, 978-0763672911

Jenkins, Steve (1996), **Big & Little**, HMH Books for Young Readers, 978-0395726648

Song/Game:

This is Big, Big, Big Action Rhyme

This is big big big

Hold arms out to side

This is small small small

Cup hands together

This is short short short

Hold hands with palms facing each other

This is tall tall tall

Reach one hand above head

This is fast fast fast

Circle fists quickly

This is slow slow slow

Circle fists slowly

This is yes yes yes

Nod

This is no no no

Shake head

Credit: [Mel's Desk](#)

Activity:

[Free activities for Celebrating Opposite Day from Teachers Pay Teachers](#)

Play Simon Says but have the children do the opposite of what you say.

Teen/Adult

Take & Make:

Program Ideas:

Host an online **Opposite Day Party**. Start with a “You are Absolutely Not Invited” or “Don’t You Dare Come Party with Us invitations.

Try a [Reverse Poetry](#) workshop.

Have a look at Lindsey, Brooklyn E. (2009), **Opposite Day: Upside-Down Questions to Keep Students Talking and Listening**, Zondervan/Youth Specialites, 978-0310292784 *Prompts to get them talking*

Ways to Celebrate Opposite Day:

- Have breakfast for dinner
- Wear your clothes backwards
- Eat dessert first