



[Soup History](#)

Winter Reading Program:

Soup Bowl Reading Challenge

Start this reading challenge at your library. Read a book that starts with each letter of the alphabet. You may wish to extend this challenge much longer than during the month of January. [Soup Bowl Reading Challenge templates.](#)

Children

Take & Make: Post the Chicken Soup with Rice Video. Bag Ideas: Felt and vegetable templates-have children follow along your online soup storytime making their own soups.

Read:

Charles, Tami, (2019), **Freedom Soup**, Candlewick, 978-0763689773

Iwai, Mellisa, (2010), **Soup Day**, Henry Holt and Co., 978-0805090048

Others: Stone Soup - various authors

Watch:

Chicken Soup with Rice by Carole King and Maurice Sendak:

<https://youtu.be/xSJ0FDplzjk>

Song/Game: *Vegetable Soup Song* (tune: The Farmer in the Dell)

The soup is boiling up,
The soup is boiling up,
Stir slow—around we go
The soup is boiling up.

First we add the broth,
First we add the broth,
Stir slow—around we go

The soup is boiling up.

Next we add some carrots,
Next we add some carrots,
Stir slow—around we go
The soup is boiling up

Repeat with: peppers, turnips, potatoes, tomatoes, or any vegetable you can think of!

~preschooleducation.com

This is the Way We Make the Soup (tune: The Mulberry Bush)

This is the way we wash our vegetables,
Wash our vegetables,
wash our vegetables.
This is the way we wash our vegetables,
When we make our soup!

Continue with: peel, chop, add, stir, serve, eat
~adapted from: preschoolexpress.com

Activity/Role & Sensory Play:

Alphabet Soup

<https://thekindergartenconnection.com/alphabet-soup-sensory-play/>

<https://busytoddler.com/2019/07/alphabet-soup-sensory-activity/>

Crayola Free Soup Pot Coloring Page

<https://www.crayola.com/free-coloring-pages/print/soup-pot-coloring-page/>

Teen/Adult

Take & Make: Post videos and links. Distribute soup mystery item(s) and host a soup challenge.

In 1882, [Emma Ewing's Soups and Soup Making](#) was published. It was more of a pamphlet than a cookbook, but it was the first American publication devoted entirely to soup recipes. Around the same time, the invention of canning made it possible to mass produce soups commercially.

<https://www.campbells.com/>

<https://www.progresso.com/>

Promote the Soup Cookbooks in your collection.

Host an Upgrade Your Canned Soup Zoom:

[7 Hacks Chef Use to Upgrade a Can of Soup](#)

Host a Soup Recipe Exchange: Have your patrons submit their favorite soup recipe. This could become a competition as well.

Host an online making soup demonstration by a local chef.